

# Latent State Models of Training Dynamics

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#### **Grokking: Sparse Parities** 1.5 ---- Train — Validation 0.9550.9780.9760.0220.0241.0 0.001 Loss 0.020.9740.5 0.019MAL Book I W 1.0 2 3 0.0 250 100 200 300 0 50 150 Epoch 1.25 ---- Train — Validation 0.9550.9781.00 P 0.0220.0010.0240.75 SOJ 0.50 0.974

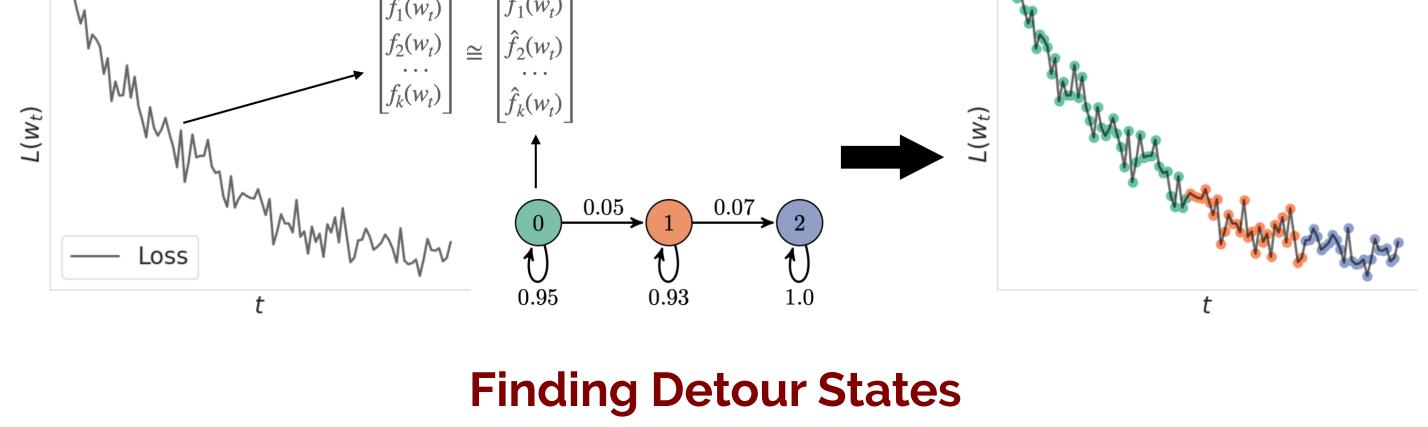
- Create a method to:
- 1. Understand random variation during model training.
- 2. Analyze phase transitions.

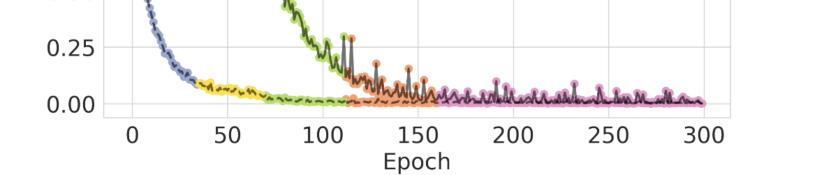
# Approach

**Motivation** 

- 1. Compute summary statistics for model checkpoints.
- 2. Train a hidden Markov model (HMM) to predict trajectories of statistics. The HMM infers a latent state for each checkpoint.
- 3. Use the learned HMM to analyze training dynamics.

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0.981

0.979

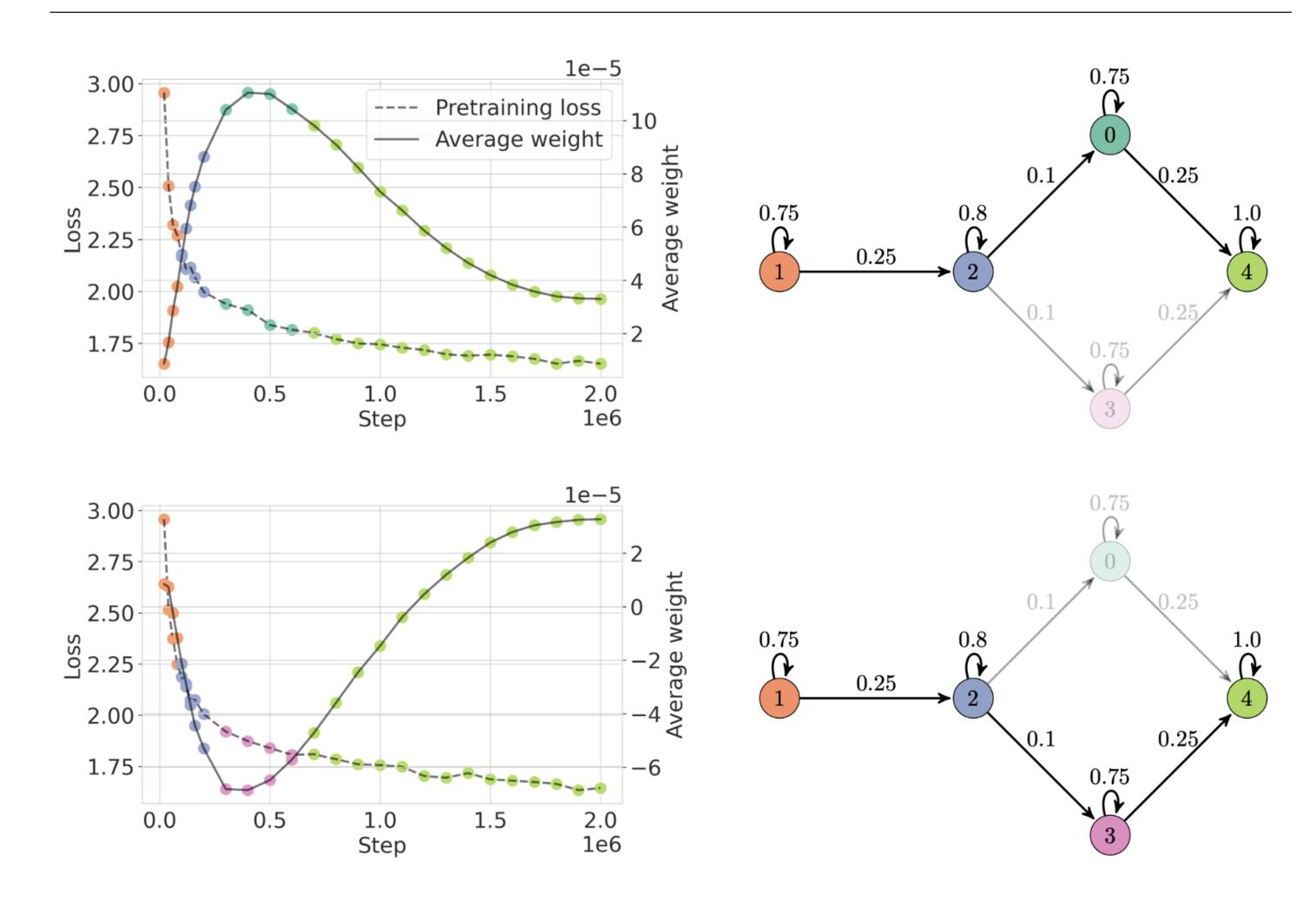
0.022

0.021

0.019

Edge	Top 3 important feature changes, by z-score	# of runs using edge (40 total)
$2 \rightarrow 0$	$L_2 \uparrow 0.11, L_1 \downarrow 0.61, \frac{L_1}{L_2} \downarrow 0.32$	39
$2 \rightarrow 5$	$L_2 \downarrow 0.19, L_1 \downarrow 1.01, \frac{L_1}{L_2} \downarrow 0.54$	1

## Masked Language Modeling: MultiBERTs



We train linear regression to predict convergence epoch from the empirical distribution over latent states. Let  $X_1, ..., X_n$  be the sequence of latent states.

 $\blacktriangleright x: \hat{P}(X = i) = \frac{\text{number of times } X_j = i}{n}$ 

• y: The iteration in which evaluation accuracy crosses a threshold.

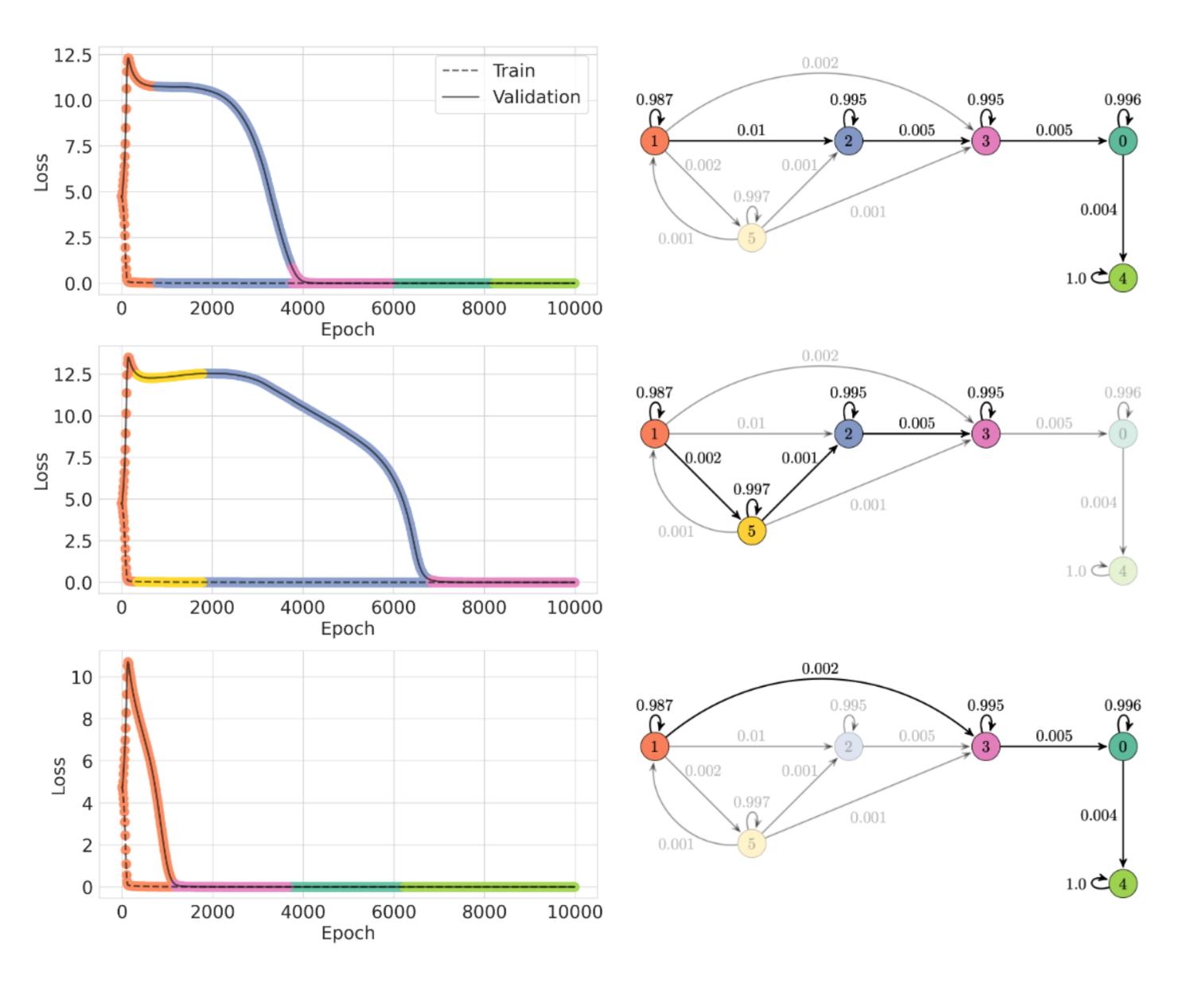
Dataset	$R^2$	p-value
Modular addition	0.977	< 0.001
Sparse parities	0.961	< 0.001
MNIST	0.154	0.315

A learned latent state is a **detour state** if:

- ► Some training runs do not visit the state.
- Its linear regression coefficient is positive when predicting convergence time.
  Detour states are bolded.

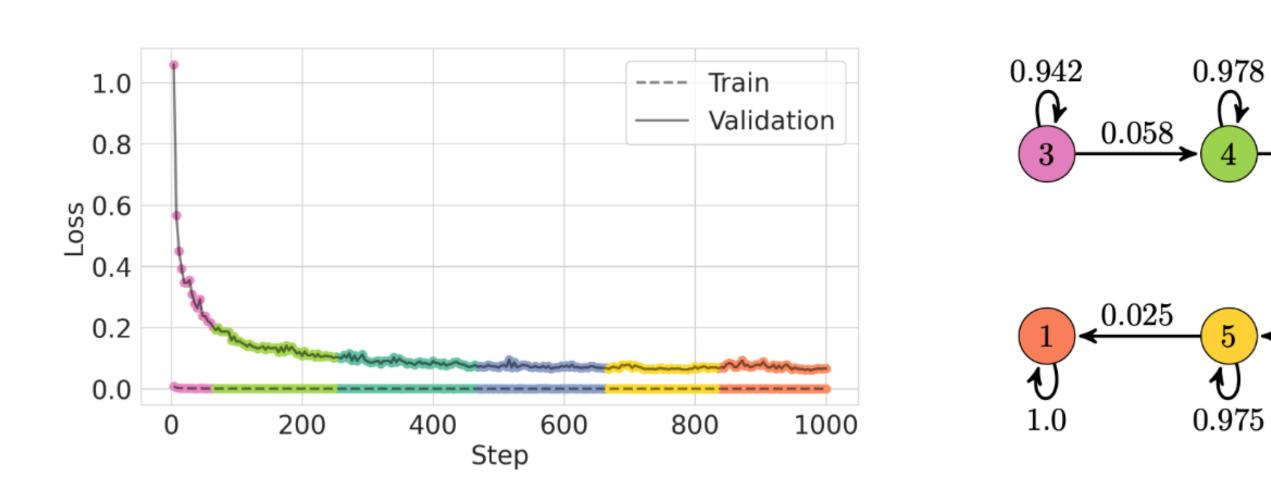
Moc	Modular addition		arse parities		MNIST
State	Coefficient	State	Coefficient	Stat	e Coefficient
0	-0.15	0	0.77	0	0.17
1	0.98	1	0.41	1	0.52
2	1.19	2	0.98	2	0.54
3	-0.20	3	-0.23	3	-0.06
4	0.18	4	0.58	4	-0.33
5	0.95	5	1.13	5	0.46





Edge	Top 3 important feature changes, by z-score	# of runs using edge (5 total)
$2 \rightarrow 0$	median $(w)$ $\uparrow$ 1.69, mean $(w)$ $\uparrow$ 1.70, max $(\lambda)$ $\uparrow$ 1.14	2
$2 \rightarrow 3$	median $(w) \downarrow 1.33$ , mean $(w) \downarrow 1.30$ , max $(\lambda) \uparrow 1.11$	3

### Image Classification: MNIST





Edge	Top 3 important feature changes, by z-score	# of runs using edge (40 total)
$1 \rightarrow 2$	$L_2 \downarrow 0.59, L_1 \downarrow 0.88, \frac{L_1}{L_2} \downarrow 1.05$	34
$1 \rightarrow 5$	$L_2 \downarrow 2.08, Var(w) \downarrow 2.24, L_1 \downarrow 2.25$	4
$1 \rightarrow 3$	$L_2 \downarrow 1.68, Var(w) \downarrow 1.99, L_1 \downarrow 1.83$	2

$ 3 \rightarrow 4 $	$L_2 \uparrow 0.62, Var(w) \uparrow 0.58, L_1 \uparrow 0.61$
$0 \rightarrow 2$	$L_2 \uparrow 0.69, Var(w) \uparrow 0.70, L_1 \uparrow 0.70$
$5 \rightarrow 1$	$L_2 \uparrow 0.46, Var(w) \uparrow 0.50, L_1 \uparrow 0.48$

#### Contributions

- 1. The HMM is a principled, automated, and widely applicable method for analyzing variability in model training and phase transitions.
- 2. Certain latent states are predictive of a training run converging more slowly.
- 3. Generalization in grokking can be anticipated via changes in the model occurring earlier in training.